

# The OAS Rundown

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## Leadership Opportunities

The Office of Academic Support seeks to provide support services and programs to assist undergraduate students attending the University of Florida in their academic and career achievement. To better the experience of incoming and current students, we select prominent leaders on campus that will guide our AIM students to a successful path. Peer Advising Coaches offer peer guidance to incoming first generation and transfer students who are beginning their undergraduate career.

(continue to page 2)

## Services/Events for Spring 2015

### Graduate School Prep Symposium [TBA]

This program will be focused on providing students with the tools they need for graduate school.

### Workshops [Dates on Page 3]

Workshops are designed to help students develop skills and attributes needed to succeed.

### Tutoring [M-F from 8am to 5pm]

OAS offering free tutoring services to all UF students. We have topics including writing and science.

## Inside this Issue:

- Leadership Opportunities
- OAS Spring 2015  
Workshop Calendar
- OAS Services/Events
- Tips to be Successful in  
College
- Information about  
Graduate School
- Student Coordinator  
information
- Letter from Dr. Browdy-  
OAS Director





## Leadership Opportunities Cont.

PACs assist the Office of Academic Support Staff with coordinating workshops, academic and social activities through the Transition Orientation Program (TOP). In addition to PACs, Student Coordinators help to achieve OAS's goal by developing and executing programs for incoming and transfer students, as well as, planning and implementing the peer-advising program. For more information on these positions, stop by the OAS office in Little Hall 311. Additionally there are other leadership opportunities with the Office of Academic Support, which include volunteering for our Graduate School Prep Symposium and the Transition Orientation Program.



## What does OAS strive to accomplish?

The Office of Academic Support strives to transition incoming students from their high school to college and continue to enrich their undergraduate career. There are opportunities across campus for students to experience a variety of academic, professional, and social events. Becoming aware of the many opportunities on campus may be extremely hard. However, the best way for you to find out about these opportunities is to open yourself up to ask questions from faculty, staff, and students (OAS Peer Advising Coaches). We challenge you to take advantage of our resources and services throughout your time at the University of Florida. We are here to help you succeed.







## Ways to be Successful in College

The transition from high school to college may take some adjusting. The office of Academic Support would like to provide you with five ways to successfully make your through college.

1. *Organize.* Syllabi, books, articles, and assignments may be confusing without organizations. Organization (month and/or week-to-week calendars, dry erase boards, and to-do lists) helps manage the workload that comes with being a college student.
2. *Pursue your Passion.* Amidst an array of courses and opportunities, it may be easy to forget about your passion. Determining the activity that you enjoy will influence your college experience.
3. *Establish your Network.* Professors are required to have office hours for their students. Thus, utilize this to your advantage when pursuing a post-baccalaureate education.
4. *Determine your Study Habits.* Establish the study habits that will help you produce above average grades. One hour of lecture is two hours of preparation. Thus, find what type of learner you are to gain the skills you need to ace your courses.
5. *Self-Efficacy.* While college is a place to establish a passion filled career and the skills to become a successful individual, having confidence in your ability to complete college. In addition, it is important to know how to balance all that comes with being a college student to have enough time to find time for yourself.

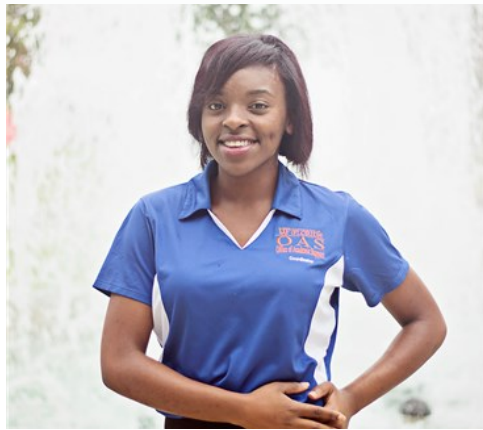
## Spring 2015 Workshops

1. Summer Opportunities (March 13<sup>th</sup>)  
At 12:45 pm in LIT 109
2. Off Campus Housing (March 18<sup>th</sup>)  
At 5:10 pm in CSE E222
3. Writing Skills (March 24<sup>th</sup>)  
At 5:10 pm in MAT 0018
4. Freshman 15 & Staying Fit (March 26<sup>th</sup>)  
At 5:10 pm in LIT 113
5. Voting- Does It Make A Difference (April 3<sup>th</sup>)  
At 12:45 pm in LIT 109
6. Self-Defense (April 7<sup>th</sup>)  
At 5:10 pm in MAT 0018

## OAS 2014-2015 Student Coordinators

### Danisha Baro, Class of 2015

Danisha is a graduating senior studying African American Studies in the College of Liberal Arts & Sciences. She has been involved with the Office of Academic Support since 2011 as an AIM student. She plans on pursuing a career in Counseling Psychology in the hope to provide counseling services and conduct scholarly research.



### Ruth St. Fort, Class of 2016

Ruth is a junior at the University of Florida studying Microbiology in the College of Liberal Arts & Sciences. She has been involved with the Office of Academic Support since 2012 as an AIM student. She plans on attending medical school in the hope of becoming a pediatrician.

### Amanda Pita, Class of 2016

Amanda is a junior at the University of Florida studying Marketing in the Heavener School of Business. She has been involved with the Office of Academic Support since 2012 as a mentee through OAS's mentee/mentor program. She plans on pursuing a career in Management.



### Nadjy Renelus, Class of 2016

Nadjy is a junior at the University of Florida studying in the pre-public health track under the College of Public Health and Health Professions. She has been involved with the Office of Academic Support since 2012 as an AIM student. She plans on furthering her education in Public Health by obtaining a post-baccalaureate degree.

# Plan For Your Future: Graduate School

The Office of Academic Support seeks to develop events and services that will help the students at the University of Florida flourish academically. Part of this mission is providing services that will help students discover opportunities after their undergraduate career. Prior to our Graduate School Prep Symposium we hope these tips will help your graduate school application process.

## 1. Declare your Passion

Before applying to graduate school, the most important part before preparing is to know the area of field you will pursue.

## 2. Explore Graduate School Programs

When looking into graduate school programs that are tailored to your career choice, it is essential to explore the faculty members that are interested in the same topics as you.

## 3. Funding your Graduate School Career

The best way to fund your graduate school career is to explore the scholarships, fellowships, assistantship, and grants that are specific to that institution.

## 4. Request Letters of Recommendation

Letters of Recommendation allows the admissions office reviewing your application assess your work ethic and personality. Make sure to find a faculty member that will write a strong letter on your behalf.

## 5. Prepare your Personal Statement and/or Statement of Purpose

Your personal statement and statement of purpose are essays that explain your narrative, career goals, and reason for applying for that institution.

## 6. Preparation for the GRE, MCAT, etc.

The GRE, MCAT, and/or TOEFL assessments are used to measure the skills gained through high school and college. It is used to evaluate your application.

## 7. Want more Information?

For more information about the graduate school application process and how to succeed in graduate school, make sure to attend the *Office of Academic Support's Graduate School Prep Symposium (TBA)*. This symposium will include information about the different colleges at the University of Florida, best ways to get a good score for admission exams, and how to survive in graduate school.



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# Letter from the Director

Greetings AIM Scholars,

WOW! We are quickly approaching the end of the spring semester and your first year at the University of Florida. Congratulations on your successes thus far. As you reflect on this period of adjustment, you will remember moments of gratification and those moments where things got pretty challenging. But overall, I hope that this first year has been gratifying and productive. I encourage you to continue working hard and enjoying your time at UF.

I appreciate this opportunity to give students a few words of advice. Yes! I know, just what you wanted to hear; more advice. In this case, let's just refer to this as an opportunity to remind you of a few tasks that you need to complete. Remember, as we get closer to this first year you are required to schedule an appointment to meet with your AIM and College Advisors for registration for the Summer and/or Fall. For those who have not already selected a major this should also be done. Don't forget that you should be developing relationships or getting to know faculty and staff that can assist you in making progress toward completing your degree and achieving your professional goals. If you have not reached out to these individuals, there is no time like the present.



Regardless of how you decide to spend this upcoming summer, remember to start planning for the next academic year. Hopefully, during this first year you have become fully engaged in this process of exploration and discovered new things about college, careers and yourself. As we plan for our future and develop goals, we should be in the habit of revisiting the objectives and milestones that we set, and making modifications or fine-tuning them to accommodate new developments or changes. This should be common practice when transitioning from one stage to another, as you have done during your freshman year here at UF.

During the sophomore year, most students start to look for opportunities to be involved on campus and in the community. They have a better sense of all the demands associated with college life and what it takes to be academically successful. Therefore, as a second year students you should continue to engage in the learning process, further explore and discover. If you have not done so already, think about getting involved in undergraduate research and other organizations that can have a positive impact on your academic and professional development. We are also looking for scholars to serve as OAS Peer Coaches, which is a great leadership development opportunity.

Remember that you are an AIM Scholar and this means that the Office of Academic Support (OAS) is available to assist you while on this academic journey at UF. We want to be a vital resource throughout your academic career. We are available to help you find answers to what you need to know to be academically successful. This may range from general academic advising and handling stress, to how to go about obtaining a research experience. Never forget that this is your education and you are responsible for getting the information that you require to be successful. However, OAS is here to assist you in this quest. The university provides many resources to get you where you want to go and OAS wants to help connect you to these resources. Remember, OAS services include academic tutoring, peer advisement and counseling, faculty advising, coordinating student workshops, seminars and events that are offered for your benefit as a UF student. You can utilize OAS services and participate in OAS sponsored activities during the summer, spring and fall semesters.

I look forward to hearing about your continued success.

A handwritten signature in black ink, appearing to read 'Angeleah Browdy'.

Dr. Browdy

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